

Prairie du Chien Area School District

Innovation for Success™

Wellness Meeting

WHEN: Wednesday, December 19, 2014
TIME: 1:00-2:30 p.m.
WHERE: High School library conference room
EVENT DESCRIPTION: Meeting to discuss wellness policies and wellness activities in the Prairie du Chien Public Schools under umbrella of healthier schools grant.

Tentative agenda:

1. Update on information from Stevens Point meeting
2. Start to look at Alliance data and/or finish entering data
3. Start draft of action plan
4. Select one 'big' item to focus on for next month
5. Patti Schauf will give a report on the school staff wellness challenges
6. Community partners and outreach ideas
7. Update on High School kitchen facility upgrades
8. Update on nutrition serving changes; such as added self serve soup in addition to self serve salad bar in High School lunch line
9. Update on Student Health Council idea
10. Review items from past meeting
11. Grants
12. Set next meeting time and what is to be accomplished by then

Items from last meeting:

1. Group members took survey; either on-line or paper before meeting started
2. S.P. Attendees: Tarasa, Drew, Paula, Kathleen, Donna, Tisha
3. School Health Coordination through CESA-3
4. Alliance for healthier generations website / tools (continue to work on surveys)
5. Smarter lunchroom movement; Cornell University (may be of interest to get information to help plan high school kitchen project)
6. Food Trust: train the trainer on Marketing in the food service
7. Alternative ideas: Zombie run at DeSoto idea
8. Home and School student wellness issues
9. CSA in the school
10. Action plan must be done by Dec 31
11. Preliminary Goals:
 - a. Smarter Lunchroom to help design High School kitchen remodel
 - b. Student health council wrapped into an existing group(s)
 - c. Wellness policy re-write; using assessment
12. Pop/soda policy to go to School Board
13. Will research equipment grant for school kitchens (Donna is working on this)
14. Idea to create a community umbrella listing of all "active" opportunities / resources

The School Board Members may attend, they will not conduct any school board business, there is no agenda, and no action will be taken.